

# Weekly Lunch Menu



## MONDAY

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### Soup of the Day

#### Main Course

Chicken Korma with Rice and Naan Bread  
Veg Curry with Rice and Naan Bread  
Roast Aubergine Courgette  
Veg Samosas & Garlic Yoghurt

#### Jacket Potato

Cheese or Baked Beans

#### Pasta Bar

Chicken Gravy  
Tomato Rocket

#### Salad Bar

Selection of Fresh Vegetables Mix Lettuce  
Indian Salad  
Coriander Coleslaw  
Cucumber Salad

#### Baguettes

Selection of Sandwiches Baguettes

#### Dessert

Coconut Sponge with Vanilla Custard  
Jelly, Mix Fruit Pot or Yoghurt



## TUESDAY

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### Soup of the Day

#### Main Course

Shepherd's Pie with Garlic bread  
Vegetarian Maska with Garlic Bread  
Carrots and Parsnips Roast

#### Jacket Potato

Cheese or Baked Beans

#### Pasta Bar

Beef Bolognaise  
Mediterranean Sauce

#### Salad Bar

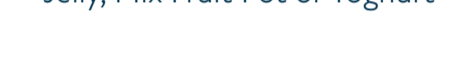
Selection of Fresh Vegetables Mix Lettuce  
Mexican Coleslaw  
Jalapeno Hot Salad  
Mexican Bean Rice Salad

#### Baguettes

Selection of Sandwiches Baguettes

#### Dessert

Chocolate Rice Cake  
Jelly, Mix Fruit Pot or Yoghurt



## WEDNESDAY

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### Soup of the Day

#### Main Course

English Roast Honey Pork with Roast Potatoes and Crackling. Sage and Onion Stuffing Gravy  
Quorn Sausages and Roast Potatoes  
Roast Baby Carrots and Root Vegetables

#### Jacket Potato

Cheese or Baked Beans

#### Pasta Bar

Veg Curry  
Chinese Stir Fry Veg

#### Salad Bar

Selection of Fresh Vegetables Mix Lettuce  
New Potato Spinach Mayo Salad  
Egg Tomato Cucumber Grated Carrot Salad  
Red Coleslaw

#### Baguettes

Selection of Sandwiches Baguettes

#### Dessert

English Jam Sponge with Custard  
Jelly, Mix Fruit Pot or Yoghurt



## THURSDAY

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### Soup of the Day

#### Main Course

Chinese Stir- Fry Chicken with Egg Noddle's and Rice Noddle's  
Chinese Stir – Fry Vegetarian Noddle's  
Veg Spring Roll  
Roast Vegetables

#### Jacket Potato

Cheese or Baked Beans

#### Pasta Bar

Quorn Spaghetti  
MC and Cheese

#### Salad Bar

Selection of Fresh Vegetables Mix Lettuce  
Chinese Salad  
Sweet Chilli Coleslaw  
Noodles Salad

#### Baguettes

Selection of Sandwiches Baguettes

#### Dessert

Forest Fruit Sponge with Sugar Glaze  
Jelly, Mix Fruit Pot or Yoghurt



## FRIDAY

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### Soup of the Day

#### Main Course

Homemade Pizza Pepperoni, Pineapple and Ham with Chips.  
Sweetcorn and Green Peas

#### Jacket Potato

Cheese or Baked Beans

#### Pasta Bar

Green Pesto Pasta  
Red Pesto Pasta

#### Salad Bar

Selection of Fresh Vegetables Mix Lettuce  
Lemon Coleslaw  
Mix Cherry Tomatoes and Basil Salad  
Green Pesto and pasta with Roast Veg Salad

#### Baguettes

Selection of Sandwiches Baguettes

#### Dessert

Mix Ice Cream and Smoothie  
Jelly, Mix Fruit Pot or Yoghurt

