

Weekly Lunch Menu



Monday

Soup of the day

Main Course

Chilli Cor Carne with Rice
Veg Chilli with Rice
Roast Mexican Mix Peppers & Guacamole

Jacket Potato

Cheese or Baked Beans

Pasta Bar

Beef Bolognese
Tomato and roast Veg sauce

Salad Bar

Selection of Fresh Vegetables Mix Lettuce
Mexican Coleslaw
Jalapeno Hot Salad
Mexican Bean Rice Salad

Baguettes

Selection of Sandwiches Baguettes

Dessert

Churros with Chocolate and Chilli Sauce
Jelly, Mix Fruit Pot or Fruit

Tuesday

Soup of the day

Main Course

Chicken Curry with Rice and Nan Bread
Veg Curry with Rice and Nan Bread
Roast Aubergine courgette
Veg Samosas & Garlic yoghurt

Jacket Potato

Cheese or Baked Beans

Pasta Bar

Mexican Chilli
Ratatouille

Salad Bar

Selection of Fresh Vegetables Mix Lettuce
Indian Salad
Coriander Coleslaw
Cucumber Salad

Baguettes

Selection of Sandwiches Baguettes

Dessert

Coconut Sponge with Vanilla Custard
Jelly, Mix Fruit Pot or Fruit

Wednesday

Soup of the day

Main Course

English Roast Honey Pork with Roast Potatoes and Crackling, Sage and Onion Stuffing Gravy
Quorn Sausages and Roast Potatoes
Roast Baby Carrots and Root Vegetables

Jacket Potato

Cheese or Baked Beans

Pasta Bar

Thai Green Curry
Veg Curry

Salad Bar

Selection of Fresh Vegetables Mix Lettuce
New Potato Spinach Mayo Salad
Egg Tomato Cucumber Grated Carrot Salad
Red Coleslaw

Baguettes

Selection of Sandwiches Baguettes

Dessert

English Jam Sponge with Custard
Jelly, Mix Fruit Pot or Fruit

Thursday

Soup of the day

Main Course

Chinese Stir-fried Chicken with Egg Noddle's and Rice Noddle's
Chinese Stir-fried Vegetarian Noddle's
Veg Spring Roll
Roast Vegetables

Jacket Potato

Cheese or Baked Beans

Pasta Bar

Quorn Spaghetti
5 Bean Sauce

Salad Bar

Selection of Fresh Vegetables Mix Lettuce
Chinese Salad
Sweet Chilli Coleslaw
Noodles Salad

Baguettes

Selection of Sandwiches Baguettes

Dessert

Forest Fruit Sponge with Sugar Glaze
Jelly, Mix Fruit Pot or Fruit

Friday

Soup of the day

Main Course

Jumbo Fish Fingers and Chips
Mushroom Risotto
Vegetarian Nuggets and Chips

Jacket Potato

Cheese or Baked Beans

Pasta Bar

Green Pesto Pasta
Chinese Sauce

Salad Bar

Selection of Fresh Vegetables Mix Lettuce
Lemon Coleslaw
Mix Cherry Tomatoes and Basil Salad
Green Pesto and pasta with Roast Veg Salad

Baguettes

Selection of Sandwiches Baguettes

Dessert

Mixed Ice Cream and Smoothie
Jelly, Mix Fruit Pot or Fruit